



# 3RD ANNUAL WINTER ENERGIZER



**WINTER  
BLAST  
2010**

**FEBRUARY 19-21  
VALLEY CATHOLIC  
HIGH SCHOOL**

*Here it is, OASC Fans—the third annual **Winter Energizer** for high school student leaders. Did you miss us last year? Time to plan ahead for this year. It's a perfect time of year to get re-focused and re-energized for the rest of our busy year. We'll have fun, learn lots, and send you back—inspired to serve for the remainder of your school year.*

## **HERE'S WHAT YOU CAN EXPECT:**

- \* A variety of workshop topics will be offered, taught by trained OASC Camp Staff members.
- \* This event will be staffed by some of our OASC Summer Camp junior & senior counselors.
- \* Like OASC Camp, students will be divided into “Councils” led by a SC/JC team (approximately 15 students per council) This process makes it easy for you to make new friends and share new ideas.
- \* This will be a well-supervised “lock-in” with everyone eating and sleeping on premises.

**COST: \$140 PER PERSON.  
INCLUDES MEALS,  
T-SHIRT, AND CAMP BOOKLET**

## **ADVISORS, PLEASE NOTE:**

- \* We recommend that you send some from each grade level.
- \* Advisors must sign registration forms for each student.
- \* Advisors are welcome to attend, but are not required. We will have adequate adult supervision on-site.

## **STUDENTS SHOULD BRING:**

- \* Sleeping bag, pillow & air mattress (highly recommended)
- \* A photo of themselves (for an activity)
- \* Towels and toiletry articles

## **QUESTIONS?**

Contact Nancy Moen, OASC Program Director; 503-480-7206; [nancy@oasc.org](mailto:nancy@oasc.org)

# **TENTATIVE SCHEDULE:**

## **FRIDAY, FEBRUARY 19**

- 7:00-7:45 p.m. Registration
- 8:00-8:45 p.m. Opening General Session
- 9:00-10:00 p.m. Council Time—Get acquainted
- 10:00-11:00 p.m. OASC Gladiators—Fun council competition
- 11:00 p.m. Get settled in – Bedtime story
- 11:30 p.m. Lights out

## **SATURDAY, FEBRUARY 20**

- 8:30-9:15 a.m. Breakfast
- 9:30-10:30 a.m. General Learning Session
- 10:30-11:30 a.m. Council Time to process learning
- 11:30-12:15 p.m. Round I Workshops
- 12:30-1:30 p.m. Lunch
- 1:30-2:15 p.m. Round II Workshops
- 2:30-3:15 p.m. Round III Workshops
- 3:30-4:30 p.m. Council Time—Evaluation
- 4:30-6:00 p.m. General Session—Performances by Councils
- 6:00-7:00 p.m. Dinner
- 7:30-9:00 p.m. Boundary Breaking in Councils
- 9:00-11:00 p.m. Dance
- 11:00 p.m. Get settled in – Bedtime song
- 11:30 p.m. Lights out

## **SUNDAY, FEBRUARY 21**

- 8:30-9:00 a.m. Breakfast
- 9:00-9:30 a.m. Clean up & pack
- 9:30-10:30 a.m. Council Time – Evaluate & Process weekend. Look to the future.
- 10:30-11:00 a.m. Closing General Session

